

ADULT COACHING

Adult group coaching is a great way to meet new friends and playing partners while improving your tennis skills and fitness. Classes are tailored to the needs of beginner, intermediate and advanced players.

Our coaching staff are eager to develop your skills and help you reach your tennis potential. During each 1 hour class, you'll be working in a group of up to 6 players, ensuring ample court time and individual attention.

- Session 5 (1 Aug – 9 Sept)
- Session 6 (12 Sept – 4 Nov)
- Session 7 (7 Nov – 9 Dec)

New Players: How did you hear about us?.....

First Name:..... Surname:.....

Home Ph:..... Mobile:.....

Address:.....

..... Postcode:.....

Email:.....

Beginner

This class is for those who have never played tennis before or have played very little. You will learn all the basic strokes and set play. If this is your first time, racquets are available for sale from the office.

Intermediate

This class is for players who are confident with the basics, able to serve most balls into play and attempt shot variety during rallies.

Advanced

This class is for players who can consistently serve the ball into play, produce power ground strokes and demonstrate clear shot selection.

Cardio Tennis

This class is for intermediate and advanced players looking for a workout from fun, fast-paced exercises. It is also recommended for fixtures players interested in learning new match play techniques.

CLASS SCHEDULE				
	Mon	Tues	Wed	Thurs
9:30-10:30am			<input type="checkbox"/> Beg/Int	
5:30-6:30pm	<input type="checkbox"/> Beg/Int	<input type="checkbox"/> Beg/Int		<input type="checkbox"/> Beg/Int
6:30-7:30pm	<input type="checkbox"/> Beg/Int	<input type="checkbox"/> Beg/Int	<input type="checkbox"/> Adv	<input type="checkbox"/> Beg/Int
7:30-8:30pm		<input type="checkbox"/> Cardio		<input type="checkbox"/> Cardio

PRICING	
Mon/Tues/Thurs 6 weeks	Wed 5 weeks
<input type="checkbox"/> \$90	<input type="checkbox"/> \$75

Adult Social

We offer a range of day and night social sessions for beginner, intermediate and advanced players. If you are interested in social but haven't played tennis for a while or have never played before, we recommend enrolling in coaching classes first to improve your consistency.

Social is a great opportunity to enjoy tennis on a casual basis and practice what you learn during coaching. Times and prices can be found on our website, www.morningsidetennis.com.au.

Terms and Conditions:

If you are ill or your class is cancelled by Morningside Tennis Centre, a credit for a make-up lesson will be applied by arrangement with the coach at the next attended lesson.

If you miss a class for any reason other than cancellation by the centre or illness, you are ineligible for a make-up lesson. Prior notice of annual holidays is accepted. No classes will be conducted on public holidays.

I understand and will abide by the terms and conditions.

Signed:..... Date:

Printed Name:.....

Payment method: **Total:.....**

Cash Cheque Credit Card

Number:.....

Expiry:...../..... 3-Digit Security Code:.....

Form taken by: Payment taken by:.....