



MORNINGSIDE TENNIS CENTRE

Junior Coaching Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8.00-8.30am						Mini Red (4&5yrs)	
8.30-9.15am			FUNDamentals Tennis (2-4yrs)		FUNDamentals Tennis (2-4yrs)	Red (6-7yrs) / Orange (7-9yrs)	
9.15-10.00am			9.30-10.00am		9.30-10.00am	Green (10-12yrs)	
3.30-4.00pm	Mini Red (4&5yrs)						
4.00-4.45pm	Red (6-7yrs) / Orange (7-9yrs)						
4.45-5.30pm	Green (10-12yrs)						
5.30-6.30pm	Development Squad	Development Squad	Development Squad	Development Squad			

Junior Performance & Competition Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2.00-5.00pm						Tennis Brisbane Superleague	
3.30-4.30pm		Performance Red Squad					
4.00-5.30pm			Super 10's	Super 8's			
4.30-5.30pm		Performance Orange Squad					
5.30-6.30pm		Performance Green squad					

Adult Coaching Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.00-10.00am					Cardio Tennis / Ladies Day		
9.30-10.30am		Adult Coaching					
6.30-7.30pm	Adult Coaching	Adult Coaching	Cardio Tennis	Adult Coaching			

Adult Social & Fixtures

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.00am-12.30pm	Social Tennis			Social Tennis			Veterans Fixtures
2.00-5.30pm						Tennis Brisbane Superleague	
4.00-6.30pm							Singles League
7.30-10.30pm	Social Tennis	Adult Fixtures	Adult Fixtures	Social Tennis			

Tennis Gear offers a wide variety of programs at the Morningside Tennis Centre including Junior & Adult Coaching and Fixtures, Social Tennis and much more.

All of our junior programs are part of the Tennis Australia MLC Hot Shots program which utilises modified courts & equipment to help kids improve faster and enjoy the game even more. If you have any questions regarding any of the programs at Morningside please don't hesitate to contact our friendly staff!

07 3899 8110

123 Beverley Street, Morningside 4170 | www.morningsidetennis.com.au